

Kinergetics® Master Class 1.

What is this workshop about?

This workshop is the first in a two-part series of master classes that encompass Philip Rafferty's latest research in kinesiology. Taught over two days, this workshop provides some of the current insights from the Kinergetics® Curriculum– helping you understand the root driving energetic state, behind the cell's energy health and the key chronic diseases – Chronic Fatigue, Fibromyalgia, Heavy Metal Toxicity, Alzheimer's, MS, and other autoimmune diseases.

In this information-rich yet practical workshop, you will discover over 40+ individual balances, with over 76 pages of cutting edge information. For over 33 years, Philip has consistently updated the Kinergetics® Curriculum content to improve body functions related to:

- Stress and trauma reduction
- Mineral/Hydration balance.
- Improved mineral assimilation, utilisation, metabolism.
- Structural problems (e.g. TMJ, fascia, back pain).

What you will learn:

- Learn how to combine Kinergetics® Curriculum 1-6 into a cohesive client session for friends and clients.
- Develop confidence and effective protocols to clear past trauma and trapped emotions that may cause recurring health problems.
- Identify the muscles associated with vitamin D and mineral energetic imbalances, and be able to spot the signs of deficiency/excess.
- Learn more about common immune conditions like digestive problems, acid/alkali imbalance and the most recent research on magnesium and trace mineral imbalance.
- Develop effective practice and confidence when dealing with challenging cases with clients.
- Determine which meridian points to stabilise adrenal function.
- Discover and clear subconscious negative programs sabotaging your success.
- Why hidden, long-term sabotages may be deteriorating your client's wellbeing and what to do about it.
- Develop confidence and effective protocols when dealing Survival states, Lung & Ileocecal Value imbalances

Investment: \$450 USD (Includes manual & Test Kit). 9am – 6pm. 16 hours.

Instructors: Philip Rafferty & Germaine Byrne.

Prerequisites: Kinergetics® Units 1-6

Recommended: Kinergetics® Balancing Nutrition & Toxicity (BNT)

<https://www.kinergetics-reset.com/workshop-curriculum/>

